

**We believe** that ability and potential are measured by more than grades and test scores. Help us learn how you spend your time by providing a list of your most meaningful activities and achievements in grades 9-12.

This could include volunteer experience, employment, athletics, extracurricular clubs, arts, family responsibilities, involvement in community or religious organizations, or special awards and recognition.

## THINGS TO INCLUDE

- The name of organization or activity
- Leadership experience
- Your position or role
- Years you participated
- A short description of the activities that are most significant to you

## ACTIVITIES LIST EXAMPLE

### Varsity Baseball

*Member 9th-12th grade | Captain 11th-12 grade | All-State Good Sport Team Award 11th-12th grade  
15 hours/week*

Leadership responsibilities on and off field included leading warmups, communicating positioning during games, and teaching newer players team's signs and signals. Was a starter for three years and state championship participant for two.

### Student Council

*Member 11th-12th grade | Treasurer 12th grade  
1.5 hours/week*

Involved in decision-making process for matters such as prom, class performances, and spirit week events. Attended weekly lunch meetings and after-school sessions when needed. As treasurer was responsible for keeping track of class's funds by working closely with school administration and keeping other members updated.

### World Language Declamation State Championships (Spanish)

*Impromptu Speaking 3rd place 11th grade | Improvisational Dialogue 3rd place 11th grade  
Impromptu Speaking 1st place 12th grade | Improvisational Dialogue 2nd place 12th grade*

Participated for two years at regional and state level championships in different world language speaking challenges in front of a panel of native-speaker judges. Prepared with speaking activities both during class and on own time.